SYNCHRONISED SWIMMING
TECHNICAL MEETING

COMPETITION: Carfita 25 Kingston, Jamaica

FIGURES: AGE GROUP Senior, Junior and Age Group 16-17-18

COMPULSORY:		
313	Kip Split Closing 180°	2.5
112f	Ibis Continuous Spin (720°)	2.8
Group 3		
307	Flying Fish	3.0
115c	Catalina Twirl	2.8

SWIMMER ORDER OF APPRERANCE:

#	NAME	FEDERATION
1	Michelle-Ann Gabbadon	JAM
2	Tashna Smith-Edwards	JAM

&

SYNCHRONISED SWIMMING
TECHNICAL MEETING

COMPETITION: Carfita 25 Kingston, Jamaica

FREE ROUTINE:

SOLO	**DUET**	**TEAM**

AGE GROUP:

12 & UNDER	**13 - 14 - 15**	**Senior, Junior and Age Group 16-17-18**

SWIMMER ORDER OF APPRERANCE:

#	NAME	FEDERATION
1	Tashna Smith-Edwards	JAM
2	Michelle-Ann Gabbadon	JAM