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**SYNCHRONISED SWIMMING
FINA FIGURE GROUPS 2009-2013**

Senior, Junior and Age Group 16-17-18				
#	Figure #	Figure Name	Degree of Difficulty	Selected
COMPULSORY:				
1	313	Kip Split Closing 180°	2.5	√
2	112f	Ibis Continuous Spin (720°)	2.8	√
Optional Group 3				
3	307	Flying Fish	3.0	√
4	115c	Catalina Twirl	2.8	√
Age Group 13-14-15				
	Figure #	Figure Name	Degree of Difficulty	Selected
COMPULSORY:				
1	420	Walkover Back	2.0	√
2	355e	Porpoise Spinning 360°	2.1	√
OPTIONAL :				
Group 1				
3	342	Heron	2.1	√
4	311a	Kip ½ Twist	2.2	√
Age Group 12 & Under				
	Figure #	Figure Name	Degree of Difficulty	Selected
COMPULSORY:				
1	101	Ballet Leg Single	1.6	√
2	360	Walk over front	2.1	√
OPTIONAL :				
Group 3				
3	344	Neptunus	1.8	√
4	301	Barracuda	2.0	√