



2013 TORNADOES SPRINT NEW YEAR INVITATIONAL

Venue	Mona Bowl, UWI 50 M Pool Electronic Timing and Hy- Tek Meet Manager will be used.
Dates & Times	Saturday January 19, 2013. Warm Up starts at 7.30am 1 ST Session 8.30am 2 nd Session 45 min after end of 1 st session 3 rd Session 30 min after end of 2 nd session
Eligibility	Age Group ages for the meet shall be as of midnight December 31, 2012.
Entry Limit	Individual Entries – Maximum two (2) individual events Plus two (3) relays. 10 & Under Events will be swum as Time Finals 11 & Over Events will be swum as Heats, Semi Finals (18 swimmers) & Finals (6 swimmers) Each club can have unlimited entries in all events except Relays- 1 entry per club per event
Entry Fees	J\$500 per swimmer registered with ASAJ, J\$700 for non Registered ASAJ swimmers. Deck entries \$300 per event, if space is available.
Rules	FINA Rules and ASAJ Bye-Laws in force at the time of the competition will apply
Programme	See schedule of events on final page of this summons.
Entry Deadline	No later than 4.00 p.m on Monday January 14th, 2013 Entries are to be delivered to the ASAJ office at the National Stadium Pool or emailed to carletta@cwjamaica.com using Hy-tek software . There will be a surcharge of J\$200 for manual entries per club. Entry times and date of births must be included on all entries



Rules and Regulations

1. FINA Warm up Guidelines will be used
2. Relay cards must be completed in duplicate, the original must be handed in to the recorder thirty (30) minutes before the start of the first event of the session; the copy must be handed to the head lane time keeper at the beginning of the event. Any change must be made at least four (4) events prior to the scheduled event number, after that on presentation of a medical certificate. The swimmers must be named in order of swimming in accordance with FINA rules.

Marshalling.

3. There will be no Marshalling area for the meet. The next heat must be behind the blocks while the current heat is in progress.
4. The coaches are responsible for getting their swimmers to the starting block on time. It is the responsibility of the swimmer to swim in the correct lane and heat assigned to him/her. If a swimmer swims in the wrong lane or heat, the swimmer will automatically be disqualified.
5. Once the swimmers are under the starter's orders and he has taken control of the race (after the second whistle), no swimmer may enter the race. If this occurs, the swimmer will be disqualified and not allowed to swim
6. Competitors will only be allowed to swim in their age group
7. Deck entries will be accommodated as exhibition only in heats.
8. Scratches are allowed from heats at any time, if a swimmer does not show for a semi final or final and does not have a medical certificate they will be scratched from their next event.

Points

9. Points will be awarded to club swimmers only. Unattached swimmers will not score any points. Points will be awarded as follows

Individual events:

7 points to the highest club finishers

5 points to the second highest club finisher

4, 3, 2, 1 to the 3rd - 6th place club finishers

Relay – Double individual points

Gate entry fees

Adults	J\$200 per session
Children	J\$100 per session



Concession

Snack, fruits, meals and drinks will be on sale throughout the meet.

Additional Information

Jackie Walter 876-330-4496

ORDER OF EVENTS

Session 1

1 – 2	Open	200M Swim with Fin Relay	TF
3 – 4	10 & Under	50M Breaststroke	TF
5 – 6	11 & Over	50M Backstroke	H
7 – 8	11 & Over	50M Breaststroke	H
9 – 10	11 & Over	50M Butterfly	H
11 – 12	11 & Over	50M Freestyle	H
13 – 14	10 & Under	50M Freestyle	TF
15 – 16	Open	200M Freestyle Relay	TF

45 Min Break

Session 2

17 – 18	Open	200M Medley Relay	TF
19 - 20	10 & Under	50M Backstroke	TF
5 – 6	11 & Over	50M Backstroke	SF
7 – 8	11 & Over	50M Breaststroke	SF
9 – 10	11 & Over	50M Butterfly	SF
11 – 12	11 & Over	50M Freestyle	SF
21 – 22	10 & Under	50M Butterfly	TF
23 – 24	Open	400M Freestyle Relay	TF

30 Min Break

Session 3

25 – 26	Open	400M Medley relay	TF
5 – 6	11 & Over	50M Backstroke	F
7 – 8	11 & Over	50M Breaststroke	F
9 – 10	11 & Over	50M Butterfly	F
11 – 12	11 & Over	50M Freestyle	F
27 – 28	Open	Varied Distance Relay <i>(2x50, 1x100, 1x200)</i>	F