

# 2010 NATIONAL SQUAD CAMP AND TOP 5 RANKED SWIMMERS

To be conducted by Dawn Chuck of Duke University, Gianluca Alberani of the Davie Nadadores Swim Club and Local Coaches

December 27<sup>th</sup> to 31<sup>st</sup> 2010  
At the National Stadium Pool

*Swimmers who are not slated for all sessions should attend their club training sessions on the days they are not scheduled for a camp session.*

*On Thursday December 30<sup>th</sup> Coach Gianluca Alberani who is Head Coach with the Davie Nadadores Swim Club in Plantation, Florida will conduct a stroke clinic from 10 – 12am, which is open to all swimmers 8 – 17 years at a cost of US\$20. Registration for this can be done in the ASAJ office at the National Stadium Pool.*

## Camp Schedule

<i>Monday December 27<sup>th</sup></i>	<i>6 – 8am</i>	<i>Groups 1, 2 &amp; 3</i>
<i>Tuesday December 28<sup>th</sup></i>	<i>6 – 8am</i>	<i>Groups 1, 2, 3 &amp; 4</i>
<i>Tuesday December 28<sup>th</sup></i>	<i>3 – 5pm</i>	<i>Groups 1, 2, 4 &amp; 5</i>
<i>Wednesday December 29<sup>th</sup></i>	<i>2 – 5pm</i>	<i>Groups 1, 2, 3 &amp; 4</i>
<i>Thursday December 30<sup>th</sup></i>	<i>6 – 8am</i>	<i>Groups 1, 3, 4 &amp; 5</i>
<i>Thursday December 30<sup>th</sup></i>	<i>3 – 5pm</i>	<i>Groups 1, 2, 3</i>
<i>Friday December 31<sup>st</sup></i>	<i>6 – 8am</i>	<i>Groups 1, 2, 3</i>