

## PRESS RELEASE

### Synchro Swimmer for Pan-Am meet in Peru

Eleven- year old synchronized swimmer, Jamielya Shaw is the sole competitor from Jamaica in the 3rd UANA Pan-American Age Group Synchronized Swimming Championships to take place from September 1 to 5, 2010 in Lima, Peru.

The competition is open to National Teams and/or clubs by Age Groups from federation members of UANA. Shaw will be representing Island Aquatics Synchro Club in the 12 and under age group. She trains in Portland with Russian coach, Olga Novokshchenova, a double Olympic gold medalist in synchronized swimming for Russia in 2000 and 2004.

Shaw is a registered swimmer with the Amateur Swimming Association of Jamaica and has been doing synchronized swimming for the past 4 years. She trains for 3 days per week for 3 ½ hours per day. She has the distinction of winning a gold medal in the novice category at the Florida Gold Coast meet in 2008. A student of Boundbrook Primary School in Portland, Shaw is currently in Grade six and will sit the GSAT exams next year.

Shaw has been assisted with the costs of attending the meet by gifts from family, friends, her club and the local community. She expresses gratitude to all her supporters.

Shaw leaves the Island on Tuesday August 31 and returns on Monday, September 6. Her coach and her mother, Antoinette King who is also the team manager will accompany her to Peru.



Jamielya Shaw



Coach Olga Novokshchenova