



ASAJ PRESS RELEASE - CCCAN 2011
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Synchronised Swimming

Jamaica's Synchronised Swimmers set to make splash at CCCAN 2011

With just 30 days to go until Jamaica's youngest Synchronised Swimming contingent debut at CCCAN 27 in Puerto Rico (June 25 – July 3) the two 12 & Under Synchronised Swimmers are basking over their performances at the Mock Meet/Trials held on the 21st May, 2011.

These two strong competitive swimmers (one with a dancing history and the other with track and field aspirations) are working extremely hard and are hoping for favourable scores and placement.

It's somewhat bittersweet for Breann Campbell, 12 years old, who just sat GSAT and will be missing her School Leaving Ceremony/Graduation to represent her country. She will be doing a solo as well as a duet. Jada Harrison, 11 years old, will be doing the duet with Campbell.

Both girls are competitive swimmers for Tornadoes Swim Club. Campbell attends Immaculate Prep and Harrison attends Mona Prep. Campbell does Synchro with Synchro Stars (Ja.) while Harrison does Synchro with Island Aquatics Synchro.

Under the guidance, creativity and vision of the National Coach - Carrie Reynolds, they have come together nicely and are working extremely hard to prove to Jamaica the possibilities of this dynamic sport. "Working with Jada makes me want to be a better athlete," says Campbell, "She pushes me to want to swim faster, eggbeater higher and get the routine perfect because it's not just me alone, I have someone depending on me." The two athletes are in the 12 and Under Age Group category and in the training program are being pushed beyond what they have done at the club level. "It is different than normal training. It's longer, more land training and much harder." Says Harrison, "When you work for longer periods of time you get to learn more and have time to get it perfect. It's nice that I get to interact with someone from a different club and that we get the chance to represent our country together."

The Traveling Team:

- Breann Campbell (Solo + Duet)
- Jada Harrison (Duet)
- Catherine "Carrie" Reynolds
 - Jamaica's National Synchronised Swimming Coach – CCCAN 2011
 - Jamaica's National Synchronised Swimming Coach – CARIFTA 2011
- Diahann Campbell
 - Team Manager (NT) & Judge
 - Vice President Synchronised Swimming (ASAJ)

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