## CCCAN SWIMMING CHAMPIONSHIPS – DAY 3

Jamaica finished day 3 at the CCCAN Championships now on in Puerto Rico with one gold, four silver and three bronze medals, having gained 1 gold and 2 silver medals today. Timothy Wynter won gold in the 13-14 boys 50m backstroke in 26.96, bettering his national senior and age group records of 27.76 set at CARIFTA earlier this year. He also erased the old CCCAN record of 28.21 in the process.

The 15-17 girls, Breanna Roman and Kendese Nangle, both earned silver medals. Breanna finished the 50m breaststroke in 35.31 and Kendese did a personal best time of 58.53 in the 100m freestyle. Other swimmers into the finals were Matthew Chen (31.10) in the 15-17 boys 50m breaststroke, Timothy Wynter (55.56) in the 13-14 boys 100m freestyle and Breanna Roman (1:00.43) in the 15-17 girls 100m freestyle.

Other swimmers that participated in the preliminaries in the morning were

Sidrell Williams	13-14 boys 100m freestyle	57.99
Matthew Chen	15-17 boys 100m freestyle	57.34
D'Agaene Clarke	11-12 girls 100m butterfly	1:18.67
Antoine Young	13-14 boys 200m IM	2:23.02