

## **Yona Knight-Wisdom at Junior World Championships**



Yona Knight-Wisdom was Jamaica's sole representative at the FINA World Junior Diving Championships held in Adelaide, Australia where he competed in two (2) events, the 1-metre and 3-metre dives for 16-18 boys.

Yona started off in the 3 metre event. He did 7 out of the 10 total dives very well and unfortunately made errors in his other dives. The good news is that after every mistake he came back strong and showed fitting spirit. He placed 28th out of 36 and without his mistakes he would have placed close to the top 12.

In the other event, the 1 metre, he was much more consistent and showed that he already learned from his 3 metre performance. He made 1 little mistake out of the 10 dives and ended up a very credible 17th out of 30 divers. He was 5th of the Pan American nations, bettering some more experienced, high quality divers such as 2012 Olympian Robert Paez from Venezuela.

Yona regards this as a great experience for him and he was very proud to compete for Jamaica.