

GOLD, SILVER AND BRONZE FOR ALIA ATKINSON IN BERLIN WORLD CUP SWIM MEET

Alia Atkinson completed another impressive performance at the FINA Swimming World Cup in Berlin August 10 – 11, 2013. As she did a couple days earlier in Eindhoven, Holland Alia won three (3) medals (slightly different colours) **gold** in the 50 metre Breaststroke in 29:31; **silver** in the 100 Breaststroke 1:04:45 and **bronze** in the 100 metre individual Medley in a personal best time of 58:77.

After a fast preliminary swim when she went a personal best:29:21, Alia turned the tables on Rikke Moller-Pederson from Denmark who out touched her the previous night in the 100 metre Breaststroke, to win the 50 metre Breaststroke in 29:31. Later in the evening Alia captured bronze in the 100 Individual Medley in a personal best: 58:77. Similar to Eindhoven, Alia had strong finish after being 7th at the 50 metre mark to secure 3rd place behind Hungarian World Record holder Katrinka Hosszu 57:74 and Emily Seebohm of Australia 58:76.

Alia's performances at both World Cup Meets in Eindhoven and Berlin have been notable, winning 3 Gold, 1 silver and 2 Bronze medals. In achieving this she has turned in 4 personal best times, 3 in the 50 metre breaststroke and 1 in the 100 metre Individual Medley.

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