

Atkinson Shocks Field to Win 100m Individual Medley, Wins Silver in Breaststroke

Three time Olympian Alia Atkinson was just out touched by Russian Iuliia Efimova in the 50 metre breaststroke. Atkinson, the fastest breaststroker of all time from the Caribbean reacted fastest to the starter's gun with a reaction time of 0.63. She maintained a slight lead over her Russian rival at the 25 metre wall. But it was the very last stroke that was to prove decisive as the Russian used a powerful last 5 metres to surge past the Jamaican and win **29.27** to **29.38**.

Atkinson used that close loss as motivation for her last race - the 100 metre Individual Medley. Fastest at the gun in 0.65 she was fifth at the 50 metre mark. After that, it was all over for her rivals as she blew them away with an explosive last 50 metres of 30 .77 to take the win in 58.45 . A new National Record beating her old record of 58.97 and world record holder Katinka Hosszu of Hungary 58.55 and Australian ace Emily Seebohm 59.23.

Sprint Czar, George Bovell of Trinidad and Tobago made up for the slowest start in the final to power his way to a silver in the men's 50 metre freestyle, stopping the clock in **21.32**.

Panama's Edgar Crespo completed his action at the Dubai leg of the World Cup with a seventh (7th) place performance in the 100 metre breaststroke posting **1:00.82** bettering his morning swim of **1:00.84**

Coralie Balmy (Martinique/France) finished fourth in the women's 400 metre freestyle in **4:06.11**

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