

CCCAN SWIMMING DAY 2

JAMAICA CAPTURE 3 MORE BRONZE MEDALS ON DAY 2 OF CENTRAL AMERICAN AND CARRIBBEAN SWIMMING CHAMPIONSHIPS

The Jamaican Swim team continued to make waves at the Central American and Caribbean Age Group Swimming Championships in San Jose Costa Rica. The Jamaican swimmers added to their medal tally by 3 with Annabella Lyn, Sidrell Williams and Sean Douglas Gooden winning bronze medals on day 2.

Annabella Lyn got things rolling with a “gutsy” performance in the 11-12 Girls 400 metre freestyle in a time of 4:55:19. Sidrell Williams then followed up with sensational swim in the boy’s 15 – 17 100 metre butterfly, with a spectacular finish Sidrell copped the bronze with a personal best time of: 57:87. Sean Douglas Gooden competing in his first overseas meet for Jamaica swam a well timed race in the boys 11-12 100 metre breaststroke to give Jamaica its 3^d bronze medal of the evening.

Jamaica’s other finalists on day 2 were Jesse Marsh who swam a personal best time in the boy’s 11-12 400 metre freestyle of 4:47:94 (improving on his prelim personal best of 4:50:34) to place 7th. Anjuui Barrett competing in her 2nd final of the competition after her bronze in the 50 free also placed 7th in the 11-12 girls 100 metre breaststroke.

Jamaica’s Coach Syreeta Biggs was very pleased with Jamaica’s performances on day 2. Coach Biggs continues to be impressed by the performances of the Jamaican team at the Central American and Caribbean Swimming Championships according to Coach Briggs “The swimmers have really stepped up with all of our swimmers making finals and achieving personal best times”

Allan Marsh – Jamaica Swim Team Manager CCCAN 2013

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