

January 8, 2014

Dear Swimmer/Parent,

It is with pleasure and excitement that I invite you to participate in the National Squad Swim Camp for Excellence which will be conducted by three time Jamaican Olympian Alia Atkinson and her Coach Christopher Anderson from Friday, January 10, 2014 to Sunday, January 12, 2014.

Your selection is based on the following: -

1. Coaches advice,
2. Your selection to the respective National Swim Squads,
3. Your performance at the last three (3) Swim Meets,
4. Attendance at your Club training sessions.

Please find attached a copy of the Camp Schedule as well as the Guidelines concerning your participation in the Sessions.

Note well: Swimmers preparing for CSEC, CAPE or GSAT examinations may be excused from a particular Session but only after written permission is sought and the matter discussed with the Camp Coordinator, Gillian Millwood prior to the start of the Camp.

Swimmers not included in the start list will not be allowed to participate in any of the Sessions. .

Kindly ensure that you bring all your equipment, including hydration fluids.

Come out & enjoy swimming and training with Jamaica's best!

Sincerely,

Gillian Millwood
Coach & Camp Coordinator
(876) 475-5469 (mobile) or Gillian.s.millwood@gmail.com;