

HOMER STRIKES GOLD ON DAY 1 OF SEC CHAMPIONSHIPS



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Christian Homer

On the first day of the Southeastern Conference Championships in Athens Georgia the region celebrated a gold medal in the men's 200 yard medley relay. This was through the efforts of University of Florida's Trinidad and Tobago swimmer Christian Paul Homer. Homer led off the Gators medley relay swimming the 50 yard backstroke in 21.79 (24.78 Long course metres). His team won in a time of 1:24.53. They finished ahead of University of Georgia 1:24.73 and University of Alabama 1:24.84 that time is currently the fastest time in the United States besting the 1:25.40 posted by the University of Arizona earlier in the season.



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Homer with Gator teammates on top of the podium

Homer created history at the 2010 Youth Olympic Games in Singapore when he won the 50 metre backstroke gold in 26.31. with that achievement he became only the second athlete from Trinidad and Tobago to win gold in an Olympic event after Hasely Crawford gold medal run in the 100 metres at the 1976 Montreal Olympics. He is the reigning CCCAN 18 and over 50 metre backstroke champion and record holder with his 25.93 at CCCAN 2013 in Costa Rica. He still holds the CARIFTA 15-17 50 metre backstroke with his standard of 26.70 set at the Games in Kingston Jamaica.



www.swimbarbados.com

Brett Fraser

The Caribbean however lost a record at the meet at the men's 800 yard freestyle relay record set by a team that included Caymanian Brett Fraser was broken .Fraser was a part of the 2011 University of Florida team that went 6:13.74 .Last night however the 2014 Florida team lowered the time to 6:13.04 The Championships runs through to Saturday February 22.

Contributed by

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