

ROMAN TAKES SPRINT TITLE IN TENNESSEE



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Breanna Roman

Jamaican standout, Breanna Roman, had a fantastic meet at the Tennessee High School State Championships to help her high school, The Baylor School, to second place. Also displaying their aquatic talents were regional compatriots and school mates Bahamian Dustin Tynes and Barbadian Christian Selby who rewrote the high school record books to power the boys of Baylor to the state title.

The meet which ran from February 14 to 15 was held in Nashville. Roman, who has committed her collegiate swimming career to NCAA division 1 powerhouse Auburn, was on song from the very first event.

Swimming the heats of the 200 medley relay, Breanna uncorked a race changing breaststroke split of 28.46 (32.59 Long course metres LCM) which enabled her team to make the finals as the second ranked team. In the final, Roman again dropped an eye catching split of 28.13 (32.22 LCM) to move her team from 6th place to 1st place. Her breaststroke leg was the fastest time by almost 1 and a half seconds That

move by Roman was just enough for the last two legs of butterfly and freestyle to hold onto to the silver medal in a time of 1:46.56 . They were nipped to the wall by Science Hill High School who won in 1:46.14.

Women's 200 medley relay final

<http://www.youtube.com/watch?v=s6tLYoCTX8U>

In the 50 yard freestyle contested on the same day, Roman clocked 23.63 (27.02 LCM) to be the second seed heading in to the championships finals. The leading time heading into the ladies splash and dash was Logan Graumann who stopped the clock in 23.52 (26.89 LCM)

In the finals Roman was not to be denied and prevailed at the death taking the title of the FASTEST HIGH SCHOOL GIRL IN TENNESSEE. She took the nail biter in 23.45 (26.82 LCM) over Graumann 23.46(26.83 LCM).

Women 50 freestyle final video

http://www.youtube.com/watch?v=gHlhmEc1X_o

The following day had Roman anchoring the 200 yard freestyle relay in the morning heats to a number one ranked time of 1:36.35 .This thanks in no small part to a 23.32 (26.68 LCM) split. That leg was easily the fastest time of the morning. In the final no last leg heroics were needed as the Baylor A team already had an advantage of nearly a second after the third leg. Roman widened the margin with a split of 23.02 (26.36 LCM). When all the times had registered on the electronic board Baylor was atop the

podium in 1:35.98. They were followed not so closely by Harpeth Hall in 1:37.61 and Science Hill High School 1:38.09

The 100 yard breaststroke had Roman blazing to a heats leading swim of 1; 02.53 (1:11.40). She assured herself of lane 4 in the afternoon with a bullet split of 29.00 (33.19 LCM). She was chased home by Elena Escalas of the University School of Nashville who touched the pads in 1:04.21 (1:13.27 LCM) the only other sub 1:05 swim

In the final it would be Annie Kyriakidis of the Pope John Paul II who would take up the Roman challenge of going through the first two laps in under 30 seconds. It would be Annie and Breanne separating themselves from the field with splits of 29.18 (33.38 LCM) and 29.21 (33.42 LCM) respectively. The back half of the 100 would determine the winner. It would be the swimmer from the Pope John Paul II who would cross that 33 second barrier with a split of 32.86 (37.47 LCM) She took the victory in 1:02.04 (1:10.86 LCM) .Roman pushed back with a 33.79 (38.50 LCM) to finish in 1:03.00 (1:11.93 LCM). Escalas could not handle the fiery pace and took fourth in 1:05.39 (1:14.58LCM). the bronze was taken by Maggie Melhorn of SMHEA Flyers in 1; 05.14 (1:14.30 LCM).

Roman who ended her junior career in Kingston last year at CARIFTA with 3 national records in the 200 and 400 freestyle relays as well as the 400 medley relay in the 15-17 age group. Now in the senior ranks, she will be among a number of talented Jamaican swimmers seeking to register qualifying marks for the Commonwealth Games- in Scotland. The swimming component runs from July 24 to August 2