

## CARIFTA SWIMMING CHAMPIONSHIPS 2014

Jamaica completed its performance at the CARIFTA Swimming Championships in Aruba in seventh position with 403 points and thirty-two (32) medals (six gold, eleven silver, fifteen bronze). They received two (2) gold, two (2) silver and two (2) bronze medals on the last day of competition.

The competition ended on a high for Jamaica as the last two individual events were golden for the team. Swimming in the 15-17 girls 200m backstroke, Danielle Boothe was the first to lead home the field in 2:26.92. Not to be outdone, Keanan Dols in the boys' equivalent won the race in 2:08.91, just 0.06 off the national records held by Timothy Wynter.

The 13-14 girls quartet of Anjuui Barrett, Angara Sinclair, Annabella Lyn and Annastazia Chin took the bronze medal in the 200m freestyle relay in a new national age group record of 1:52.94. The old standard of 1:54.02 was set in 2008 at CARIFTA in Jamaica.

The 15-17 girls were the silver medal winners of the night. First it was Michelle Dols finishing the 400m freestyle timed final in 4:31.03 and then Leanne McMaster repeated the feat in the 100m breaststroke in a time of 1:17.83. The other bronze medal was won by Sidrell Williams, stopping the clock at 24.21 in the 15-17 boys 50m freestyle.

In the 400m freestyle timed finals, Laura Limsang (5:01.21) finished seventh in 11-12 girls, Nicholas Vale (4:41.27) fourth in 11-12 boys, Matthew Lyn (4:22.29) sixth and Keanan Dols (4:24.95) eighth for 15-17 boys. Other swimmers in action for the finals were Joseph Black (25.25) fourth and Christian Alberga (25.36) sixth in the 13-14 boys 50m freestyle, Danielle Boothe (27.46) fifth in the 15-17 girls 50m freestyle, Annastazia Chin (1:23.25) seventh in the 13-14 girls 100m breaststroke, Sean-Douglas Gooden (1:14.06) eighth in the 13-14 boys 100m breaststroke, Laura Limsang (2:43.95) sixth in the 11-12 girls 200m backstroke, Matthew Lyn (2:22.14) seventh in the 15-17 boys 200m backstroke and the 15-17 boys 200m freestyle relay (Xavier Philips, Sidrell Williams, Nico Campbell, Nicholas Haughton) which finished fifth in 1:39.50.

April 26, 2014