

Alia Atkinson wins silver in 50m breaststroke, sets new national record



Jamaica's Alia Atkinson won silver in the 50 metre breaststroke at the Swimming World Championships in Kazan, Russia on Sunday.

Atkinson saved her best for the final as she set a new national record, 30.11, to finish behind Jennie Johansson of Sweden, who copped the gold in 30.05. In the process, the two swimmers ripped the form books to shreds by finishing ahead of more fancied rivals, Russian Yulia Efimova who took bronze in 30.13, and world record holder Ruta Meilutyte of Lithuania who was fourth in 30.14.

The Jamaican swimmer, who broke her own national record (30.17) set at last year's Commonwealth Games, will leave Kazan as the most decorated female CARIFTA swimmer of all time at a long course World Championships. She won bronze in the 100 metre breaststroke earlier in the Championships.

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