

ALIA DOES IT!!!! SHE BREAKS THE 50 METRE BREASTSTROKE WORLD RECORD

[October 26, 2016](#) ~ [Tony Morrison](#)



October 26, 2016 will live on in the memory of Alia Atkinson and all her fans and supporters in the CARIFTA region and beyond as it was the day that she lowered the World Record in the 50 metre breaststroke (short course metres).

Competing at the FINA/airweave Swimming World Cup in Tokyo Alia blasted off in the Championship final with a reaction time of 0.65 . This time with so many misses in the previous Tour stops there would be no doubt today. The Jamaican stopped the clock in 28.64 crushing the world record of 28.80 set by American Jessica Hardy in November 2009. She finished well ahead of Russian Yulia Efimova 29.19 and American Molly Hannis 29.57.

Alia who has been aided on her way to the World Record by Rainforest Seafoods, National Bakery and Grace Kennedy Money Services had put the World Record on with her Golden run this season.

Venue	Time	Medal
Tokyo	28.64	Gold
Singapore	28.91	Gold
Doha	28.98	Gold
Dubai	29.02	Gold
China	29.15	Gold
Berlin	29.00	Gold
Paris	29.25	Gold

After sharing the World Record in the 100 metre breaststroke Alia now stands alone in the 50 metre breaststroke as the best of all time.



Alia Atkinson

Photo courtesy of Stephane Kempinaire and Courtesy of the Federation Francaise Natation.