



Press Release

November 29, 2006

For immediate release

Students Pass SwimJamaica's Top Level

Saturday November 25 was an important day for SwimJamaica as the first students passed the top level of the Children's Programme. At the end of 10 weeks of lessons, Xavier Boland and Roger Kennedy passed Level 7 at St. Andrew High School for Girls where SwimJamaica lessons are held on Saturday mornings. To pass Level 7 students must be able to swim the four competitive strokes (with correct starts, turns and finishes), have basic skills in Water Polo and Synchronised Swimming and demonstrate lifesaving skills.

Xavier and Roger are two of sixty six students who have been attending the Saturday morning lessons. They were presented their Level 7 certificates by Georgina Boland, one of the three SwimJamaica instructors working at the pool. All levels of the Children's programme were taught at the pool over the term.

Cath Moore, SwimJamaica's Technical Advisor, who conducted the assessment test commented, "Level 7 is a high standard to reach and the assessment test is hard. It's great to see these first students pass and we look forward to seeing many more follow them".

The SwimJamaica Children's Programme comprises seven progressive levels. Level one is designed to help non-swimmers gain water confidence and learn basic skills. Students progress through a level over a term and each level builds on the skills in the previous level. , During the term students receive a SwimJamaica t-shirt (a different colour for each level) at the end of term they are awarded a certificate following an assessment test.

SwimJamaica also has an Instructor Training Programme and offers lessons for Adults at the National Stadium pool.

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For further information, contact:

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Additional information

The vision of SwimJamaica is to develop the sport from the base by providing opportunities for every Jamaican to learn to swim through the development of high quality, progressive learn to swim programmes that are safe, fun and accessible to all. Since the launch in January 2005 the programme has developed significantly with over 550 children now registered at seven pools in Kingston and one in Discovery Bay.

Photographs



SwimJamaica's instructor, Georgina Boland presents a Level 7 certificate to her son Xavier.



SwimJamaica's instructor, Georgina Boland presents a Level 7 certificate to Roger Kennedy



Xavier Boland (left) and Roger Kennedy proudly display their Level 7 t-shirts. They are the first two students to pass the top level of the SwimJamaica Children's Programme.