

Welcome to the September update with news on the National learn to swim programme.



Summer Splash a

Success. Over **570** people joined swim lessons during the summer at four locations in Kingston and one in Discover Bay



Children's Programme 490 children completed either a five or ten day course of lessons. Others chose individual (one2one) lessons.

SwimJamaica partnered with Youth Opportunities Unlimited and Whole Life Sports to enable children from inner city communities to have swimming lessons.



Toddler Programme Several two and three year olds, with a parent/guardian joined the programme. The children had fun whilst learning basic swimming skills.



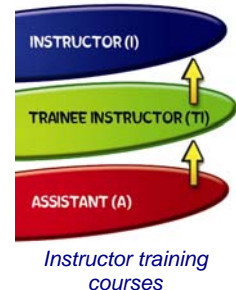
Adult Programme

Over **70** adults registered for adult lessons. Classes were organised for non-swimmer, improvers and advanced swimmers. There was a lot of fun in classes and many personal goals were achieved.

SwimJamaica Career Development Programme

Over the summer one of each of the instructor training courses was conducted. Eighteen persons participated to improve their teaching skills.

The assistant course was held in conjunction with Youth Opportunities Unlimited. Six young people were selected to take the course and assist with classes over the summer



SwimJamaica Trainers Return to Antigua

At the end of August SwimJamaica trainers travelled to Antigua to present two instructor training courses at the invitation of the Wadadli Aquatic Racers Swim Club. Cath & Peter Moore & Rohan Whyte ran the Short Course (similar to the Trainee Instructor course) and the Long Course (similar to the Instructor course) that have been designed for training persons outside Jamaica.



Farewell and welcome!

In September we say goodbye to Cath & Peter Moore who have been working voluntarily with SwimJamaica since September 2005. We say a big thank you to Cath & Pete and wish them well as they return to the UK.

We welcome Georgina Boland who was appointed as the new manager at the beginning of August. Georgina comes from St. Andrew High School for Girls and will be leading SwimJamaica with the support of the senior instructional team.

New Term Lessons (September to December)

Children's Programme

- School swimming - contact the office @ 926-1514
- After school classes - contact Amanda Eyre @ 869-6918
- Saturday classes - contact Georgina @ 460-3197
- Classes in Discovery Bay - contact Joyce @ 414-7654

Adult Programme

- Stadium lessons start September 10, Monday to Thursday (6-7pm). To register, contact the office @ 926-1514.
- St. Andrew's High School lessons start September 22, Saturday (9-10am). Contact Georgina @460-3197

SwimJamaica is endorsed by the

- ♦ Ministry of Education & Youth ♦ Ministry of Health
- ♦ Jamaica Olympic Association ♦ Early Childhood Commission
- ♦ Mayor of Kingston & St. Andrew

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